

NATALIA TORRES DEL VALLE, MA, REAT #2104
Currently lives and works in Hillsborough, NC
contact@nataliatorresdelvalle.com
www.nataliatorresdelvalle.com

EDUCATION

2018 Lesley University
MA, Clinical Mental Health specializing in Expressive Arts Therapy
2010 NC State University, graduated summa cum laude
BA in Elementary Education (K-6) and ESL Education (K-12)

LICENSURE

2021-present North Carolina Licensed Board of Licensed Professional Counselors
Licensed Clinical Mental Health Associate #A14528
International Expressive Arts Therapy Association
Registered Expressive Arts Therapist #2104

RESIDENCIES

2023 Acadia National Park Artist-in-Residence

SELECTED EXHIBITIONS

2023 *30x30: Art, Nature, and Science*, Museum of Life+Science-Durham, NC
Invitational Latinx show/Invita Arte Contemporaneo Latinx, Frank Gallery-Chapel Hill, NC
Coalesce, Eno Arts Mill Gallery-Hillsborough, NC
Open Source, Sertoma Arts Center-Raleigh, NC
Open Source, Lump Gallery-Raleigh, NC
2022 *Ephemeral/Eternal*, Visionary Art Collective, Virtual Exhibition
They can be Both, SunTrust Gallery, Durham, NC
Construyendo Puentes/Building Bridges, Eno Arts Mill-Hillsborough, NC
Landform Meditations (solo), The Halle Cultural Arts Center, Apex, NC
Fresh, Artspace, Raleigh, NC
Spring to Life, 311 Gallery, Raleigh, NC
Experiments in Form, Charlotte Russell Contemporary + Hartwell, Raleigh, NC
Taking up Space, Pocket Gallery, Raleigh, NC
Home?, Eno Mill Gallery, Hillsborough, NC
2021 *An Evening of Local Art*, Eno House-Hillsborough, NC
Herencia, Diamante Cultural Arts Center, Raleigh, NC
Durham Art Guild 67th Annual Juried Exhibition, SunTrust Gallery, Durham, NC
COSO (Contemporary South) Biennial, VAE, Raleigh, NC
Art of Water V, James May Gallery, Virtual Exhibition
Rise, Play + Inspire Gallery, Virtual Exhibition
Reintegration (solo), Yonder, Hillsborough, NC
Beauty in the Mundane, Art Mums United, International Virtual Exhibition
Members Extravaganza, Durham Art Guild, Virtual Exhibition
Catharsis, Play + Inspire Gallery, Virtual Exhibition
2020 *FRESH*, Artspace, Raleigh, NC
Paint it Orange: En Plein Air Paint-Out, Hillsborough Arts Council, Hillsborough, NC
Reintegration (solo), Virtual Exhibition
If she could do it all, she would., Spilt Milk Gallery, International Virtual Exhibition
2019 *Community Art Show*, The Carrack, Durham, NC
Latino Arts Exhibition, Halle Cultural Arts Center, Apex, NC
Herencia, The ArtsCenter, Raleigh, NC
Monster Drawing Rally, NC Museum of Art, Raleigh, NC
Final Community Art Show, The Carrack, Durham, NC
Art of the Natural World, Halle Cultural Arts Center, Apex, NC
Hispanic Heritage Month Art Exhibit, North Carolina Department of Administration, Raleigh, NC
2018 *Community Art Show*, The Carrack, Durham, NC
Latino Arts Exhibition, Halle Cultural Arts Center, Apex, NC
2017 *Community Art Show*, The Carrack, Durham, NC
Latino Arts Exhibition, Halle Cultural Arts Center, Apex, NC
Nasty Women, The Carrack, Durham, NC
2016 *The Politics of Love*, Halle Cultural Arts Center, Apex, NC

PROFESSIONAL EXPERIENCE

- Ongoing Private Practice Expressive Arts Therapist
Independent Teaching Artist
Multidisciplinary Artist
- Ongoing North Carolina Museum of Art Teaching Artist, Raleigh, NC
- Teach a variety of family and adult programs as well as drop-in artmaking.
 - Develop online content for young artists and their families.
 - Lead Creative Processing workshops focusing on social-emotional learning.
- 2018-19 Expressive Arts Therapist, Veritas Collaborative, Durham, NC
- 2015-18 Youth and Family Programs Educator, North Carolina Museum of Art, Raleigh, NC
- 2014-15 Manager of Pre-K Outreach Programs
- 2010-14 Elementary Educator, Douglas Creative Arts & Science Magnet, Raleigh, NC

COMMUNITY ENGAGEMENT

- 2021 Guest Presenter, *Self-Esteem through the Creative Process*, North Carolina Museum of Art, Raleigh, NC
- 2021 Guest Docent Lecturer, *Responding to Difficult Conversations in the Galleries*, North Carolina Museum of Art, Raleigh, NC
- 2021-22 Guest Lecturer, *Utilizing Works of Art in the Therapeutic Space with Young Children*, Webster University, Missouri
- 2021 Guest Lecturer, *Utilizing Works of Art in the Therapeutic Space*, Randolph College, Virginia
- 2020-21 Art and Social-Emotional Learning Advisory Council Member, North Carolina Museum of Art, Raleigh, NC
- 2020 Guest Speaker, *Processing the Coronavirus: Coronavirus Crowns*, Tin Can Kids, Raleigh, NC
- 2020 Guest Presenter, *A+ Fellows Annual Training*, A+ Schools of North Carolina, Raleigh, NC
- 2018 Guest Presenter, collaboration with the Art Therapy Institute of NC and El Centro Hispano, Carrboro, NC
- 2015-17 Presenter, A.S.K. Conference and NAEYC Conference, PNC Full S.T.E.A.M. Ahead, collaboration with the NC Museum of Art and Carolina Ballet, Chapel Hill, NC
- 2014 Guest Presenter, *Incorporating Oliver Herring's TASK Parties in the Classroom*, A+ Schools of North Carolina, Raleigh, NC

PROFESSIONAL MEMBERSHIPS

- Ongoing Pigments Revealed International
- Ongoing International Expressive Arts Therapy Association
- Ongoing Durham Art Guild, Durham, NC
- Ongoing Spilt Milk Gallery, Edinburgh, Scotland

INTERVIEWS & PUBLICATIONS

- 2022 *Creative Spark Podcast*, Guest
2022. *Daily Inspiration: Meet Natalia Torres del Valle*, Voyage Raleigh
- 2022 *Issue 4*, All She Makes
- 2021 *Artist Natalia Torres del Valle's Strikingly Sculptural Textured Paintings*, Orange County Arts Commission
- 2021 North Carolina Museum of Art *Recommends*, Local Artist Feature
- 2021 *Diamante Abrió las Puertas de su Nueva Sede*, La Conexión
- 2021 Artist Talk, Teaching Artist Podcast
- 2021 Artist Talk, Artist Mother Podcast
- 2018 *Masters Thesis: Integrating Expressive Therapies and Visual Literacy Skills in an Exceptional Children Classroom*, Thesis Advisor: Dr. Sarah Hamil, Lesley University, Cambridge, MA
- 2018 *Creative Early Educator*, Blog, by Skill-do

GRANTS & AWARDS

- 2013 A+ Schools of North Carolina Teacher of the Year
- 2013 Received grant to attend *The Arts and Passion-Driven Learning Program*, Harvard University, Cambridge, MA